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CALIFORNIA BUDGET CUTS HARM YWCA DOMESTIC VIOLENCE PROGRAMS

In our last issue, both our Board President and our Executive Director wrote of anticipated cuts in the amounts the YWCA receives from the State of California for our domestic violence programs. An entire state program for domestic violence victims was eliminated. We lost \$207,000 in funding. Our 24-hour shelter is on minimum staffing. Other services have been pared back. But we are continuing all of our domestic violence programs, even if at a reduced level.

Candlelight Vigil to be held October 16th

October is **Domestic Violence Awareness Month**. The YWCA will hold its annual Candlelight Vigil at our facility on Lexington Drive on Friday, October 16th, 2009. We are hoping that our friends will join us in lighting the candles in remembrance of the victims of domestic violence, those living and especially those who have died as a result of the violence. Domestic violence is neither unusual nor rare. One in three American women report being physically or sexually abused by a husband or boyfriend at some time in their lives.

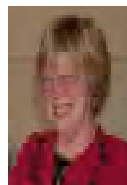
The event will start in the Regency Ballroom with a program at 5:00 pm that is being put together by the YWCA staff in coordination with the YWCA board and our Glendale Police Department liaison and fully supported by the Glendale Commission on the Status of Women. Our friends from National Charity League will supply the treats for the evening as well as help with the candle lighting.

October is Breast Cancer Awareness Month

The **ENCORE plus** Mobile Mammography project has received a \$94,000 appropriation grant from the federal government, thanks to Congressman Adam Schiff, representing California's 29th District. This is roughly 40% of the funding needed to enable the YWCA of Glendale to purchase a digital mobile mammography unit and is an important first step. We will be looking for additional funding to staff the mobile unit and for partners to provide the technical staff as the mobile unit sets up at various locations throughout LA County. It enhances our screening efforts and maximizes our targeted population. **ENCORE plus** provides free mammograms and clinical breast exams to medically underserved women who are uninsured with limited income. Please join us in expanding a life altering program by writing a check for a contribution to the **ENCORE plus** program. For additional information please contact the Director of **ENCORE plus**, Nelan Boghorian (818) 242-4155 ext 235.

The YWCA of Glendale, **ENCORE plus** staff will have attended the Avon Walk on September 12-13, 2009, by the time you receive this newsletter. (Continued on page 3)

A Few Words from our Board President



The lead article tells of our reduced funding. The next article on our Candlelight Vigil is a reflection of our continued commitment to our domestic violence programs. Please join us for the Vigil to show our public support.

In this issue, I want to give you a little more information on our two newest Board Members. Kristen Solomon is a recent graduate of the Harvard University School of Public Health. She moved to Glendale to assume a position as postgraduate Administrative Fellow with Kaiser Permanente and immediately sought out volunteer opportunities with the YWCA. She has a solid background in volunteer work in the Boston area and her educational experience in management and public policy issues has been very helpful to us. Pamela Taylor grew up in Texas and was educated in Oklahoma and Texas. She moved from Dallas to this area and as an agent for commercial photographers and illustrators before becoming a real estate agent as a member of the Coldwell Banker Team in Pasadena, California. Her proudest accomplishment is her son Preston and she is devoted to raising him to be the best he can be in life. She is a member of the Glendale Kiwanis Club as well as our Board.

We welcome volunteers from the community. There is always plenty to be done. If you have an interest in serving on one of our Board committees, please let me know. If you want to volunteer in another capacity, please call Annette Kosker at ext 227 at the YWCA. At the moment, we are in particular need of someone with upholstery skills!

We are moving our annual Legacy Luncheon from May to February in 2010. If you wish to be a sponsor, fill out the form in this Newsletter and send it to us.

.....and from our Executive Director



We continue to look for innovative programs that support the community and to better utilize our existing facility to continue our controlled growth in a transformative time. As part of this, we also seek to increase the number of agencies that we partner with in the community.

We recently opened a pool aerobics class that is growing in size on a daily basis. Because our pool is heated, many of the participants are senior citizens looking for a comfortable place to exercise.

We have just completed many renovations in our gym with the addition of electronic scoreboard, new permanent hoops and lighting. This will open it up for league and other competitive basketball and volleyball activities. This is a major expansion of our capabilities and we are looking for new partners to participate with us.

Our socially entrepreneurial programs support community needs while providing the YWCA of Glendale with additional revenue to help support our domestic violence and Encore Plus programs. If you have a socially entrepreneurial program and you need a partner, please contact me directly at 818-242-4155 x222.

2009-2010 YWCA of Glendale Board of Directors

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President
- ◆Liza Boubari
Vice President
- ◆Kim Milstien
Vice President
- ◆Harriet Rector
Secretary
- ◆Eliza Hazarian
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- ◆Adrin Nazarian
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- ◆Lauren Tapp
- ◆Pamela Taylor

Administrative Offices

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Executive Director
- ◆Darryl Peters
Finance Director
- ◆Nelán Boghorian
Encore *plus* Director
- ◆Delie Bishil
Operations / HR
- ◆Rita Loussikian
Shelter Coordinator
- ◆Pamela Mrazek
Domestic Violence Service
Ctr
- ◆Lizet Estrada—Legal Dept
- Annette Kosker— Volunteer
Coordinator

Upon request to the YWCA of
Glendale at 735 E. Lexington
Drive, Glendale, CA 91206, you
will be mailed our latest annual
report.

The Avon Walk for Breast Cancer



(Continued from Page !)

The Avon Foundation places a priority on returning funds to the geographic area in which each Avon Walk takes place with a special emphasis on reaching low-income, elderly and minority individuals and those with inadequate health insurance. The funds help medically-underserved women and men get the medical care they need and leading research teams receive vital support in their ongoing search for a cure

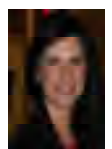
Everyone has a personal reason for taking part in the Avon Walk for Breast Cancer. It may be a sister, mother, best friend, or possibly even yourself. But for one weekend, whether you **walk or volunteer**, we'll all be reaching for the same goal—finding a cure for breast cancer.

Relay for life...

The YWCA of Glendale will also be participating in the annual Relay for Life-Glendale. It's October 17-18, 2009. Relay for Life of Glendale will be a fun and unique 24- hour event to increase cancer awareness while raising much-needed funds for the American Cancer Society. Teams are composed of 12 to 24 people. Team members take turns walking around the track, relay-style and enjoy fun activities and entertainment off the track. The Relay for Life honors cancer survivors. Survivors are invited to join us as our honorary guest in the survivors lap, which begins the Relay for Life. Cancer Survivors' strength and courage help the community see that cancer survivorship is real and that we make a difference in the battle against cancer. Please join our local team by contacting Nelan Boghorian (818) 242-4155 ext 235. Together let's make a difference....

It's 24 hours you'll never forget!! There is NO Finish Line... Until we Find A Cure...

Nelan Boghorian, Director, ENCORE *plus*



TAPROOT FOUNDATION GIVES YWCA VALUABLE SERVICES

What if you could assemble a first class team of marketing and communications professionals to help the YWCA at no cost? That is precisely what is happening right now. Taproot Foundation assembles a roster of experts willing to donate their time for a specific project. Then they make grants to qualifying non-profits of services over a six-month period to accomplish the project. At the end of 2009, we will have a first class annual report because of their donated services.

TAKE BACK THE NIGHT By Dr. Carol Ann Burton

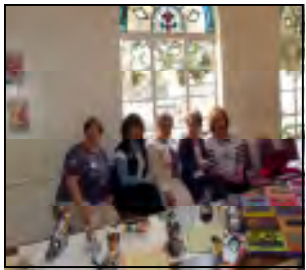
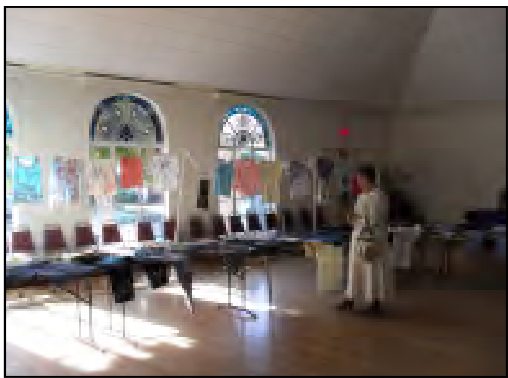
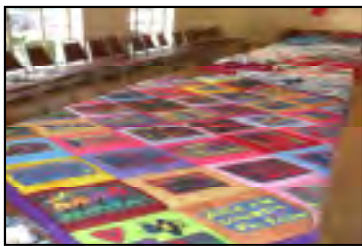
At the Take Back the Night Rally and March on April 17th, 2009, survivors of domestic violence shared their poetry in their own language and voice. One client created a quilt that told the story of her ordeal. Another client is an artist who shared her talents by making portraits of the attendees. The children shared their art by writing their stories on T-shirts that were hung on clotheslines around the exterior and throughout the Regency ballroom. The aim of this event is to shatter the silence surrounding sexual violence, domestic violence, rape, and hate crimes, thus empowering our survivors by publicly speaking up against violence through creative mediums such as art, poetry, music, and open storytelling.

Camille Levee of Glendale Healthy Kids and **Liza Boubari** spoke about their own stories and the difficulties of helping women in abusive relationships. Afterward, the group picked up placards and walked from the YWCA down Glendale Avenue to Parker Plaza at City Hall. They were treated to a self-defense lesson given by Nelson Nio, a former YWCA board member. They circled back to the YWCA where they were treated to drinks and snacks.

Take Back the Night was organized by the Domestic Violence Project staff with the support of the board and in collaboration with the Commission on the Status of Women. The YWCA was additionally supported by NCL, Inc.-Glendale Chapter who provided the delicious treats and joined in on the march. This event was a great way to highlight that April was Sexual Assault Awareness Month.



**Take Back The Night Rally
April 17th, 2009
YWCA of Glendale**



Fundraiser to be held at Chico's

Chico's at the Americana will open its doors early to the friends and supporters of the YWCA on Sunday, December 6th, 2009. Chico's will donate 10% of the sales prices back to the YWCA. So come on down (~9 am) and shop till you drop for an excellent cause. It's a great place to finish your holiday shopping, so mark your calendars now. Morning goodies will be served.

YWCA Renovation of Gym is Completed

Thanks to the generosity of the **Community Foundation of the Verdugos, Margaret Larson** and other individuals, we have completed renovation of our gym. We have a new electronic scoreboard, new basketball backboards, new lighting and some lesser improvements. As a result, our older facility looks like new! We are looking for partners to join us in utilizing the gym. Contact Delie (ext 213) or Richard (ext 222) at 818-242-4155 for more information.

US Bank Makes Contribution

Many thanks to **US Bank** for a contribution of \$7,500 to our ENCORE *plus* program. The money will be used to screen low-income women for breast cancer and related services.



Executive Director, Richard Burrell, thanks US Bank manager, Edgar Ambarchyan as he accepts the bank's \$7,500 contribution for ENCORE *Plus*.

Kaiser Foundation Hospitals has donated \$12,000 in funding for the ENCORE *plus* Program for 2009/10.

We appreciate and thank Kaiser for their continued support over the years.

YWCA to Participate in the Kiwanis Duck Race

The ducks will return to "Lake Glendale" on Saturday, **October 24, 2009**, for another fantastic event at Verdugo Park, 1621 Canada Blvd (across the street from Glendale Community College) to benefit numerous worthy charitable causes! The Glendale YWCA is gearing up to be one of the "duck buddies" and therefore our clients will benefit from you buying a duck. We want to encourage our board, staff, supporters and friends to consider buying a Duck in the name of the YWCA of Glendale. The online adoption website is now active at duckrace.com/glendale with the Glendale Kiwanis Foundation. Please go online and support us by buying a Duck.

empowering women
eliminating racism **yWca**

YWCA of Glendale
735 E. Lexington Drive
Glendale, CA 91206

Phone: 818-242-4155
Fax 818-240-6036

**Domestic Violence 24-hour
Emergency Hotline Number:
818-242-1106**

Email: info@glendaleywca.org

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**Visit us today at
www.glendaleywca.org**

You can read about what's new at the YWCA of Glendale, enjoy photos of our events, learn more about and make donations to our Domestic Violence and Encore Plus programs, check out our calendar, and much more.

SAVE THE DATES

October 16 - Friday - Candlelight Vigil for victims and survivors of Domestic Violence
— Regency Ballroom, YWCA, at 5:00 p.m.

October 17-18 - Saturday & Sunday - Relay for Life for Breast Cancer
Call Nelan at the YWCA to join the YWCA ENCORE *plus* team.

October 24 - Saturday - Kiwanis Duck Race - Buy Ducks in the name of the YWCA.

December 6 - Sunday - Do your holiday shopping at Chico's in the Americana
Ten percent of what you spend will go to the YWCA.

February 25, 2010 - Thursday at 11:30 - 13th Annual Legacy Luncheon.

May 2, 2010 - Harley Ride