

## Clinical Internship Description

YWCA Glendale's Mental Health Department is a training program for MFT, MSW and PsyD intern. YWCA's mental health intern provide an array of clinical services including assessments, individual, group, family, and child therapy for those impacted by domestic violence. Mental health interns have the opportunity to learn comprehensive training around domestic violence dynamics and interventions, as well as clinical techniques when working with trauma, including Eye Movement Desensitization and Reprocessing (EMDR). Mental health interns are provided weekly individual and group clinical supervision from a licensed MFT or LCSW and other training opportunities provided through the agency.

## Clinical Internship Deadlines

### Applicants:

- Application and Accompanying Materials submitted by: April 1<sup>st</sup> (Deadline)
- Interviews based on submitted resumes and application: March 15 - April 15, 2021
- Deadline for contacting referrals: April 30
- Deadline for making final decision: April 30, 2021
- If not all internship positions are filled by April 30<sup>th</sup>, applications will be accepted until all positions are filled. Inquire for availability.
- Orientation: September 7-10<sup>th</sup>
- Group and individual supervision starts week of: September 7<sup>th</sup>
- 40 hour training to be completed as soon as internship begins.
- Mandated reporter training to be completed shortly after 40 hour training.

**4 positions available and applications will be accepted after the deadline date until all positions are full. Please inquire if the application deadline has passed if we have any open intern peer counselor positions available.**

- Weekly 2-hour clinical group supervision and 1-hour individual supervision provided
- 9-15 month commitment required, depending on the training requirements of the student's university
- 16-24 hours per week of availability required, spread out over 3 designated days.
- Schedule flexibility required in order to provide clients with services in the morning and after-school time frames, 2-3 days/week (late afternoon through early evening required)
- Each cohort begins with a required 1-week orientation/training, Monday to Friday. Significant clinical training and support continued through a month-long initial training period followed by weekly professional development didactic trainings.
- Assist with Crisis Office phones a minimum of 4 hours per week
- 40 hour domestic violence training as well as child abuse mandated reporter training are required and are provided to interns at the start of their internship.
- Observe at least 1 new residential intake (Advocacy).
- Interview 5 key staff regarding their position and how it relates to the field of social work, MFT or psychology.
- Observe at least 1 Court proceeding (intervention)-if schedule allows.
- TB Test and CPR/First Aid certification is required

## EMDR Training

EMDR training is available to 2 mental health interns a semester – up to 4 a year. EMDR training is typically 6 days of training done in 2 parts (3 days at a time). There is also 10 hours of EMDR consultation required. YWCA Glendale will provide the funds for mental health interns to receive this training. Following the training there will be a focus on providing EMDR training to minors and children that are clients at YWCA Glendale.